ORIGINAL ARTICLE

Association Between Physician Caseload and Patient Outcome for Sepsis Treatment

Chao-Hung Chen, MD, MPH;Yi-Hua Chen, PhD; Hsiu-Chen Lin, MD; Herng-Ching Lin, PhD

q1 OBJECTIVE. The purpose of this study was to investigate whether physicians with larger sepsis caseloads provide better outcomes, defined as lower in-hospital mortality rates, for patients with sepsis.

^p DESIGN. Retrospective cross-sectional study.

METHOD. This study used pooled data from the 2002–2004 Taiwan National Health Insurance Research Database. A total of 48,336 patients hospitalized with a principal diagnosis of septicemia were selected and assigned to 1 of 4 caseload groups on the basis of their

treating physician's sepsis caseload during the 3 years reflected in the pooled data (low caseload, less than 39 cases; medium caseload, 39–
88 cases; high caseload, 89–176 cases; and very high caseload, more than 176 cases). Generalized estimating equation models were used for analysis.

RESULTS. Receipt of treatment from physicians in the very high, high, and medium caseload groups decreased patients' odds of inhospital mortality to 49% (95% confidence interval [CI], 41%–67%; P < .001), 40% (95% CI, 53%–68%; P < .001), and 18% (95% CI, 73%–92%; P < .001), respectively, of the odds for patients treated by low-caseload physicians. These findings persisted after partitioning out systematic physician-specific and hospital-specific variation and isolating the effects of most hospital, physician, and patient confounders.

¹⁹⁸ CONCLUSION. Patients treated by physicians who had a larger sepsis caseload had a substantially lower in-hospital mortality rate than did patients treated by physicians in the other caseload groups, and the difference was statistically significant. This result supports the "practice makes perfect" hypothesis.

Infect Control Hosp Epidemiol 2009; 30:000-000

Sepsis is a common and devastating syndrome that represents a major cause of morbidity and mortality for hospitalized patients.¹ An 8.7% annual increase in the incidence of sepsis between 1979 and 2000 has been reported.² In addition, death rates range from 15% to 20% for sepsis, from 25% to 30% for severe sepsis, and from 40% to 70% for septic shock.³ Because of the high incidence, high mortality rate, and consequent healthcare burden associated with sepsis, clinicians and healthcare administrators frequently receive information about sepsis that emphasizes early detection and appropriate interventions to prevent deterioration of organ function.

q10

a9

Death that results from sepsis-induced organ failure is considered to be the consequence of an excessive or uncontrolled host response to infection.⁴ Because hospitals generally offer the equipment needed to diagnose and treat sepsis, most of the associated in-hospital mortality reflects the skills and clinical experience of the attending physicians and the support team.⁵ Sepsis is an inherently complex disease that may be treated by physicians with various levels of clinical experience, and physician experience or caseload may play an important role in treatment outcomes.

Numerous studies have reported an inverse association between caseload and the rate of adverse outcomes, as a result of an increased awareness of accountability and elevated concern for quality of care and patient safety among high-caseload physicians.^{6,7} In a review of more than 100 published papers, 78% concerned physician caseload and outcomes for major surgical procedures,^{8,9} and similar results were found for nonsurgical conditions requiring hospitalization, such as myocardial infarction and intensive care.^{10,11} Despite the substantial body of literature, to our knowledge there have been no studies to date that examined the effects of physician caseload on outcomes for patients with sepsis.

Thus, the purpose of this nationwide, population-based study was to investigate whether physicians with larger caseloads provide better outcomes for patients with sepsis. The in-hospital mortality rate was used to assess treatment outcome.

From the Department of Thoracic Surgery, Mackay Memorial Hospital (C.-H.C.), the Mackay Medicine, Nursing, and Management College (C.-H.C.), the Schools of Public Health (Y.-H.C.) and Healthcare Administration (H.-Ching Lin), Taipei Medical University, and the Department of Pediatric Infection, Taipei Medical University and Hospital, Taiwan (H.-Chen Lin)

Received September 7, 2008; accepted January 16, 2009; electronically published April XX, 2009.

^{© 2009} by The Society for Healthcare Epidemiology of America. All rights reserved. 0899-823X/2009/3006-00XX\$15.00. DOI: 10.1086/597509

TABLE 1. Distribution of In-Hospital Mortality for Patients Hospitalized for Treatment of Septicemia, According to Patient Charteristic nd Co orbiditie . Та.:-2002 200

(Continued) TABLE 1.

acteristics and Comorbidities:	1aiwan, 2002-		(%) c		
Variable	In-hospital mortality, no. (%) of patients			Variable	Yes $(n = 5,628)$
	Yes	No $(n = 42,708)$	Р	Peptic ulcer disease, excluding bleeding	
	(n = 5,628)			Yes	84 (4.5)
Sex			< .001	No	5,544 (11.9)
Male	3.479 (14.0)	21,349 (86.0)	1.001	Solid tumor without metastasis	
Female	2.149 (9.1)	21.359 (90.9)		Yes	688 (15.8)
Age	2,119 (9.1)	21,000 (00.0)	< 001	No	4,940 (11.2)
<45 years	338 (6.8)	4 637 (93 2)	< .001	Rheumatoid arthritis	
45_64 years	1 010 (9 5)	9,589 (90.5)		Yes	33 (8.2)
65-74 years	1,010(9.5)	10.671(90.4)		No	5,595 (11.7)
>74 years	3,150(0.0)	10,071(90.4) 17,811(85.0)		Fluid and electrolyte disorder	
Cardiac arrhythmia	5,150 (15.0)	17,011 (05.0)	000	Yes	350 (9.9)
Vee	142 (11 5)	1 001 (99 5)	.000	No	5,278 (11.8)
ies	142(11.5)	1,091 (88.5)		Deficiency anemia	
	5,486 (11.7)	41,617 (88.3)	. 001	Yes	197 (8.3)
Congestive heart failure		()	< .001	No	$5431\ (118)$
Yes	543 (17.7)	2,523 (82.3)		Alcohol abuse	5,151 (11.0)
No	5,085 (11.2)	40,185 (88.8)		Vec	5 (37)
Valvular disease			.003	No	5(3.7)
Yes	20 (6.4)	295 (93.6)		Developie	5,025 (11.7)
No	5,608 (11.7)	42,413 (88.3)		Psychosis	25 (0.0)
Pulmonary circulation disorder			.778	ies	35 (8.9)
Yes	10 (12.7)	69 (87.3)		NO D	5,595 (11.7)
No	5,618 (11.6)	42,639 (88.4)		Depression	1 (0 0)
Peripheral vascular disorder			< .001	Yes	1 (0.9)
Yes	54 (25.1)	161 (74.9)		No	5,627 (11.8)
No	5,574 (11.6)	42,547 (88.4)		AIDS	
Hypertension			< .001	Yes	6 (37.5)
Yes	381 (5.8)	6221 (94.2)		No	5,622 (11.6)
No	5,427 (12.6)	36,487 (87.4)		Lymphoma	
Paralysis	, , ,	, , , ,	< .001	Yes	63 (16.1)
Yes	31 (5.7)	512 (94.3)		No	5,565 (11.6)
No	5.597 (11.7)	42.196 (88.3)		Metastatic cancer	
Coagulopathy	0,000 (110)	12,170 (0010)	< .001	Yes	249 (16.8)
Ves	163 (24.9)	491 (75.1)	1.001	No	5,379 (11.5)
No	5465(115)	42 217 (88 5)		Weight loss	
Neurological disorder	5,405 (11.5)	42,217 (00.5)	032	Yes	51 (11.6)
Vac	150(0,0)	1.2(4.(00.1))	.052	No	5,577 (11.6)
ies No	150 (9.9) 5 478 (11.7)	1,504 (90.1)		Drug abuse	
	5,478 (11.7)	41,544 (88.5)	270	Yes	7 (5.7)
Chronic pulmonary disease			.279	No	5.621(11.7)
Yes	558 (12.1)	4,042 (87.9)		Blood loss anemia	0,021 (110)
No	5,070 (11.6)	38,666 (88.4)		Ves	9 (4 5)
Diabetes				No	5 619 (11 7)
Uncomplicated			<.001	110	5,017 (11.7)
Yes	617 (9.0)	6,250 (91.0)		NOTE. The total number of pat	ients was 48,336,
No	511 (12.1)	36,458 (87.9)		mortality rate was 11.6%.	
Complicated			<.001		
Yes	490 (9.6)	4,628 (90.4)			
No	5,138 (11.9)	38,080 (88.1)		METHODS	
Hypothyroidism			.018		
Yes	48 (8.5)	519 (91.5)		Database	
No	5,580 (11.7)	42,189 (88.3)			
Renal failure	/		<.001	This study used pooled d	ata from the
Yes	797 (15.2)	4,460 (84.8)		Health Insurance Research	Database (N
No	4,831 (11.2)	38,248 (88.8)		the Taiwan National Usal	th Research I
Liver disease	· · · ·		<.001		
Yes	535 (9.8)	4,924 (90.2)		includes monthly claims s	ummaries tha
No	5.093 (11.9)	37.784 (88.1)		claims, details of inpatien	it orders, a r
	2,0/2 (11.))	21,101 (00.1)		-	

278 (11.8) 39,529 (88.2) <.001 197 (8.3) 2,177 (91.7) 431 (11.8) 40,531 (88.2) .004 5 (3.7) 129 (96.3) 523 (11.7) 42,579 (88.3) .083 35 (8.9) 360 (91.1) 42,348 (88.3) 593 (11.7) < .001 1(0.9)105 (99.1) 527 (11.8) 42,603 (88.3) .001 6 (37.5) 10 (62.5) 522 (11.6) 42,698 (88.4) .006 63 (16.1) 328 (83.9) 565 (11.6) 42,380 (88.4) <.001 249 (16.8) 1,231 (83.2) 379 (11.5) 41,477 (88.5) .972 389 (88.4) 51 (11.6) 577 (11.6) 42,319 (88.4) .042 7 (5.7) 115 (94.3) 621 (11.7) 42,593 (88.3) .002 192 (95.5) 9 (4.5) 42,516 (88.3) 619 (11.7) vas 48,336, and the overall in-hospital

In-hospital mortality, no.

(%) of patients

No

(n = 42,708)

1,780 (95.5)

40,928 (88.1)

3,666 (84.2)

39,042 (88.8)

42,336 (88.3)

3,179 (90.1)

372 (91.9)

Р

<.001

<.001

.028

<.001

rom the 2002-2004 National abase (NHIRD) published by search Institute. The NHIRD aries that consist of inpatient ders, a registry of contracted medical facilities, and a registry of board-certified specialists for every inpatient admission of a National Health Insurance

(continued)

(NHI) beneficiary. Taiwan's NHI provides universal coverage to all citizens—more than 21 million people (approximately 97% of Taiwan's population). It is a single plan that provides generous benefits, low copayments, and free choice in a widely dispersed network of healthcare providers. The NHIRD provides a unique opportunity to explore the relationship between physician caseload and treatment outcomes for sepsis. Because the NHIRD consists of deidentified secondary data released to the public for research purposes, this study was exempt from full review by the institutional review board.

q14

Study Sample

q16

q17

We selected all records for all patients who were hospitalized with a principal diagnosis of septicemia (*International Classification of Diseases, 9th Revision, Clinical Modification,* code 038) (n = 63,169). We included only patients with a principal diagnosis of septicemia to assure that all individuals selected were admitted for treatment of septicemia, rather than other disorders. We limited the study sample to the adult population, excluding patients under 18 years of age (n = 4,263). We also excluded patients who were discharged against medical advice or transferred to another hospital and patients who had been transferred in from another hospital (n =2,678). We limited our study sample to first-time admissions, if a patient had been admitted more than once during the period covered by the data. Ultimately, a total of 48,336 patients were included in this study.

Physicians' Septicemia Caseloads

Unique physician identifiers are available in the NHIRD for each medical claim submitted, which enabled us to identify when the same physician admitted 1 or more patients for septicemia treatment during the study period. All physicians identified as treating patients for septicemia were sorted in ascending order of caseload, and caseload cutoff points were determined so as to classify the sampled patients into 4 groups of approximately equal size, in accordance with standard practice.^{10,12,13} The sample of 48,336 patients was thus divided into 4 caseload groups on the basis of their treating physician's sepsis caseload during the 3 years reflected in the pooled data. The caseload groups were as follows: fewer than 39 cases, 39–88 cases, 89–176 cases, and more than 176 cases (hereafter referred to as the "low caseload," "medium caseload," "high caseload," and "very high caseload" groups, respectively).

Statistical Analysis

We used SAS, version 9.1 (SAS Institute), for statistical analysis. The key independent variable of interest was physician caseload, and the key dependent variable was in-hospital death, for which "patient" was the unit of analysis. In-hospital death was treated as a dichotomous variable (yes or no) and was defined as the death of a patient at any time after admission if the patient had not left the hospital.

Global χ^2 analyses were conducted to examine the rela-

tionship between variables of interest and the unadjusted rate of in-hospital patient deaths. We employed a generalized estimating equation model to account for any clustering of the sampled patients with respect to particular hospitals and/or physicians.¹⁴

In the modeling, we adjusted for physicians' sex, age (divided into the following 3 categories: younger than 41 years, 41-50 years old, and older than 50 years), and specialty (presented as infection, internal medicine, surgery, or other); the hospital's accreditation level; and patients' age, sex, and comorbidities. The hospital accreditation level variable, which was used as a proxy for both hospital size and clinical service capabilities, classified each hospital as a medical center (with a minimum of 500 beds), a regional hospital (minimum 250 beds), or a district hospital (minimum 20 beds). We adjusted for patients' comorbidities by using the Elixhauser Comorbidity Index.¹⁵ This comorbidity index has been widely used for risk adjustment in administrative data sets,^{16,17} and it uses 30 binary comorbidity measures (ie, 1 indicates the comorbidity is present, and 0 indicates that it is absent) to account for inpatient morbidity and mortality rates. On the basis of available data and a literature review, we initially inserted all potential variables in the model. Then, we used the quasilikelihood under the independence model criterion to select an appropriate model, with the smallest criterion value chosen as the best model.18

Finally, to detect a critical caseload level at which the hazardous effects of low caseload vanished, we used model results to ascertain the critical caseload that would divide the cohort into 2 significantly different groups. A 2-sided *P* value of .05 was employed.

RESULTS

Table 1 shows the distribution of in-hospital mortality after treatment of septicemia, according to patient sex, age, and comorbidities. Of 48,336 patients admitted during the 3 years for which data were studied, 5,628 (11.6%) were discharged at death. Global χ^2 analyses showed that there were statistically significant differences in the in-hospital mortality rate with respect to sex (P < .001), age (P < .001), and comorbidity (congestive heart failure [P < .001], valvular disease [P =.003], peripheral vascular disorders [P < .001], hypertension [P < .001], paralysis [P < .001], coagulopathy [P < .001], neurological disorders [P = .032], uncomplicated diabetes [P < .001], complicated diabetes [P < .001], hypothyroidism [P = .018], renal failure [P < .001], liver disease [P < .001], peptic ulcer [P < .001], solid tumors without metastasis [P < .001], rheumatoid arthritis [P = .028], fluid and electrolyte disorders [P < .001], deficiency anemia [P < .001], alcohol abuse [P = .004], depression [P < .001], AIDS [P =.001], lymphoma [P = .006], metastatic cancer [P < .001], drug abuse [P = .042], and blood loss anemia [P = .002]).

Table 2 shows the distribution of in-hospital mortality rates, patient characteristics, and physician characteristics

Variable	Caseload group					
	Low, <39 cases	Medium, 39–88 cases	High, 89–176 cases	Very high, >176 cases		
In-hospital mortality rate, %	16.0	12.9	9.7	7.9		
Physician data						
Total no.	3,556	818	37	136		
Sepsis caseload, mean \pm SD	13.7 ± 10.0	58.0 ± 14.0	120 ± 24.4	$276~\pm~99.7$		
Age						
≤40 years	1,807 (50.8)	445 (54.4)	183 (48.4)	57 (41.9)		
41-50 years	1,239 (34.8)	276 (33.7)	148 (39.2)	58 (42.7)		
>50 years	510 (17.3)	97 (11.9)	47 (12.4)	21 (15.4)		
Mean ± SD	$43.2~\pm~7.9$	42.1 ± 7.0	42.2 ± 6.9	43.1 ± 7.1		
Sex						
Male	3,162 (88.9)	750 (91.7)	338 (89.4)	125 (91.9)		
Female	394 (11.1)	68 (8.3)	40 (10.6)	11 (8.1)		
Specialty						
Infection	44 (1.2)	36 (4.4)	34 (9.0)	27 (19.9)		
Internal medicine	1,977 (55.6)	689 (84.2)	325 (86.0)	105 (77.2)		
Surgery	401 (11.3)	40 (4.9)	8 (2.1)	1 (0.7)		
Other	1,134 (31.9)	53 (6.5)	11 (2.9)	3 (2.2)		
Patient data						
Total no.	12,323	12,144	12,161	11,708		
Age						
<45 years	1,130 (9.2)	1,082 (8.9)	1,154 (9.5)	1,609 (13.7)		
45-64 years	2,759 (22.4)	2,701 (22.2)	2,684 (22.1)	2,455 (21.0)		
65–74 years	3,109 (25.2)	3,067 (25.3)	2,965 (24.4)	2,660 (22.7)		
>74 years	5,325 (43.2)	5,294 (43.69)	5,358 (44.1)	4,984 (42.6)		
Mean ± SD	68.8 ± 15.7	69.0 ± 15.7	68.8 ± 16.0	66.8 ± 18.4		
Sex						
Male	6,227 (50.5)	6,272 (51.7)	6,132 (50.4)	6,197 (52.9)		
Female	6,096 (49.5)	5,872 (48.4)	6,029 (49.6)	5,511 (47.1)		

TABLE 2. Physician and Patient Data, According to Physicians' Septicemia Caseload Group: Taiwan, 2002–2004

NOTE. Data are no. (%) of subjects, unless otherwise indicated; percentages for all categories other than sex are the percentage of the relevant group, not the percentage of the total n value. Caseload groups indicate the physician's sepsis caseload during the 3 years reflected in the pooled data. The total number of patients was 48,336, and the total number of physicians was 4,888. SD, standard deviation.

across septicemia caseload groups. Patients who were treated by low-caseload physicians had statistically significantly higher in-hospital mortality rates than did patients treated by medium-caseload physicians (16.0% vs 12.9%; P < .001), high-caseload physicians (16.0% vs 9.7%; P < .001), or very high-caseload physicians (16.0% vs 7.9%; P < .001). During the 3 years for which data were studied, 4,888 physicians admitted and treated patients with septicemia; the mean (±SD) number of admissions was 36.6 ± 54.9. The mean age of patients was 68.4 years, and that the mean age of attending physicians was 42.9 years. The mean patient age was similar across all groups.

q21

q22

Table 3 presents the crude and adjusted odds ratios for inhospital mortality, according to the physicians' septicemia caseload. The results of the generalized estimating equations model showed that the adjusted odds of in-hospital mortality for the patients of low-caseload physicians were approximately twice the odds of patients treated by very high–caseload physicians (OR, 1.91 [reciprocal of 0.51]; P < .001), 1.67 times the odds of patients treated by high-caseload physicians (P < .001), and 1.22 times the odds of patients treated by medium-caseload physicians (P < .001). We also found that the critical caseload per physician beyond which the outcome could not be improved further was 190 cases.

DISCUSSION

We found an inverse relationship between the in-hospital mortality rate and the sepsis caseload of attending physicians in the present study, which used nationwide, populationbased data for 48,336 patients treated by 4,888 physicians. We provide compelling evidence that physicians with very high, high, and medium septicemia caseloads decreased patients' odds of in-hospital mortality to 49% (95% confidence interval [CI], 41%–67%), 40% (95% CI, 53%–68%), and 18% (95% CI, 73%–92%), respectively, of the odds for patients of low-caseload physicians. These findings held up after partitioning out systematic physician-specific and hospital-specific variation and isolating the effects of most hospital, physician, and patient confounders.

This study was one of the first studies of the caseloadoutcome relationship for sepsis treatment, and our results are

Physician's caseload	Crude OR (95% CI)	Adjusted OR ^a (95% CI)
Low, <39 cases (reference group)	1.00	1.00
Medium, 39–88 cases	0.77 (0.72-0.83)	0.82 (0.73-0.92)
High, 89–176 cases	0.56 (0.52-0.61)	0.60 (0.53-0.68)
Very high, >176 cases	0.45 (0.41-0.49)	0.51 (0.41-0.67)

TABLE 3. Crude and Adjusted Odds Ratios for In-Hospital Mortality, According to Septicemia Caseload Group

NOTE. Caseload groups indicate the physician's sepsis caseload during the 3 years reflected in the pooled data. For all comparisons with the reference group, P < .001. CI, confidence interval; OR, odds ratio.

^a Adjusted for attending physician's age, sex, and specialty; the hospital's accreditation level; the patient's sex, age, and comorbidities (ie, congestive heart failure, valvular disease, peripheral vascular disorders, hypertension, paralysis, coagulopathy, neurological disorders, chronic pulmonary disease, uncomplicated diabetes, complicated diabetes, hypothyroidism, renal failure, liver disease, peptic ulcer, solid tumors without metastasis, fluid and electrolyte disorders, deficiency anemias, AIDS, lymphoma, metastatic cancer, and blood loss anemia); and physician random effect and hospital random effect (by use of a generalized estimating equations model).

broadly consistent with previous findings regarding the association between larger caseloads and better outcomes in a variety of clinical domains, including surgery (eg, vascular,19 general,²⁰ and orthopedic surgery²¹) and treatment of nonsurgical conditions (e.g., pneumonia¹⁰ and myocardial infarction¹¹). With respect to treatment of sepsis in intensive care units (ICUs), Peelen et al.²² found that receipt of treatment in an ICU that had a higher number of patients admitted with severe sepsis was associated with lower in-hospital mortality for these patients, compared with those admitted to an ICU with a lower sepsis case volume. Other studies have also demonstrated that seriously ill patients admitted to ICUs that treat a large number of patients have a lower mortality rate than patients admitted to ICUs that treat fewer patients.²³ Because patients with sepsis who are in critical condition are mostly cared for in the ICU, physician practices and the practices of multidisciplinary ICU teams should be highlighted to improve sepsis treatment outcomes. Furthermore, we identified a very high caseload (190 cases) beyond which the outcome could not be further improved, which indicates that the association between physician caseloads and patient outcomes was fairly constant as caseloads increased up to a very high level.

Several possible explanations have been proposed for the association between high physician caseloads and improved treatment outcomes, including the "practice makes perfect" hypothesis, which suggests that high-caseload physicians may control unexpected medical conditions and problems better,⁶ consequently reducing the mortality rate among their patients. The heterogeneity of the patients with sepsis in our study (e.g., the causes of their disease, their comorbidities and complications, and their disease severity at initial presentation) is reflected in the striking variation in mortality risk.²⁴ Caseload, as a surrogate for experience and quality of care provided by physicians,⁵ counts considerably toward effective management of a complex and dynamic disease like sepsis. Furthermore, caseload-outcome relationships for other

diagnoses and procedures consistently show that patient outcomes in Taiwan are affected more by physician caseload than by hospital case volume.^{25,26} The results of our study, in combination with those of other reports, thus support the "practice makes perfect" hypothesis. An alternative explanation for these results might be the potential effects of patients' selective self-referral to physicians with good reputations. However, patients with serious septicemia are admitted to an ICU or the nearest hospital without much time for self-referral. Patients' septicemia severity levels should, therefore, be fairly evenly distributed across physician caseload groups, and thus self-referral is less likely to affect our findings.

The caseload-outcome relationship we identified has several implications. Although previous reports have recommended selective referrals from low- to high-caseload providers,9,27 additional problems may result from this practice, such as treatment delays that compromise patient safety and increased medical costs resulting from referrals; in addition, there is a lack of precise criteria for categorizing caseload in each locality. Thus, in addition to the regionalization of care for severe sepsis cases, we propose that it is imperative to reduce the variation in the quality of medical care between low- and high-caseload physicians. As indicated by Sheikh's study,²⁸ the treatment procedures adopted by high-caseload physicians should be examined closely and used to develop more comprehensive clinical guidelines and protocols for sepsis care, such as competent early recognition of inflammation signs, precise intervention for comorbidities and complications, and appropriate use of empiric antibiotic treatment,²⁹ efficient fluid resuscitation,³⁰ and vasoactive drugs.³¹ These guidelines and protocols could then be used to modify the clinical practices of low-caseload physicians, thus improving the quality of care and reducing the risk of adverse outcomes. Furthermore, facilitating low-caseload physicians' cooperation with high-caseload physicians or introducing telemedicine (ie, remote-access consulting and transfer of information by telephone or the Internet) to remote areas where physi-

q26

cians have low caseloads could increase experience and the overall quality of care for sepsis treatment.³²

This study has several unique strengths, including the use of a nationwide, population-based data set. The number of cases provided sufficient statistical power to detect differences between groups after adjusting for confounders. Further, it is generally believed that high-caseload physicians perform better simply because they practice in better-equipped hospitals. In addition, patients with particular characteristics might choose and remain with physicians who have specific characteristics, and thus patients in a physician's practice might "cluster." Our study used a generalized estimating equations model to allow examination of caseload-outcome relationships, taking clustering by physician and clustering by hospital into consideration.¹⁴

Two limitations of this study merit attention, however. First, because we used a claims database, it is possible to question whether the diagnoses in the database are accurate. However, the NHI implements routine sampling of patient records to cross-check each hospital's claims, and there are punitive measures in place for fraudulent coding. Illegitimate increases in the severity of patient diagnoses should therefore be adequately restrained. This deterrent is further reinforced by the NHI's reimbursement system, which ties a hospital's reimbursement rate to its patient severity profile. No documented systematic sensitivity analyses make diagnostic accuracy a potential limitation, and it is generally believed that the NHI's checks and balances promote accurate coding.

Second, systematic or unmeasured differences in clinical severity might exist across caseload groups. Nevertheless, patients' comorbidities (eg, diabetes mellitus, cardiovascular disease, or renal disease) should be adequately accounted for by the use of the Elixhauser Comorbidity Index, which provides a comprehensive approach to ascertaining a wide set of comorbidities in administrative data sets without additional refinement and applies to a broad range of diseases.¹⁵ As discussed above, there is little time for patients with sepsis to self-refer to highly ranked physicians. Selection bias in terms of disproportionate distributions of patient severity profiles across caseload groups is thus less likely to have occurred and less likely to have confounded our results.

In summary, our study contributes to the literature by demonstrating that both more experience in treating sepsis and a greater sepsis caseload result in substantially lower inhospital mortality rates, regardless of the institution. The "practice makes perfect" hypothesis is thus supported. Replication of our findings in other countries and settings is needed to further evaluate the caseload-outcome relationship for sepsis treatment. Future studies should be performed to identify modifiable factors (eg, exact clinical processes, physician practices, and degree of compliance with the guidelines, such as the Surviving Sepsis Campaign³³) that might account for variation in quality across physician caseload groups. Effective strategies for improving treatment should be implemented to increase overall competence in sepsis care.

ACKNOWLEDGMENTS

Potential conflicts of interest. All authors report no conflicts of interest relevant to this article.

Address reprint requests to Herng-Ching Lin, PhD, School of Health Care Administration, Taipei Medical University, 250 Wu-Hsing St, Taipei 110, Taiwan (henry11111@tmu.edu.tw).

REFERENCES

- Grossi P, Gasperina DD. Antimicrobial treatment of sepsis. Surg Infect (Larchmt) 2006; (suppl 2):S87–91.
- Martin GS, Mannino DM, Eaton S, Moss M. The epidemiology of sepsis in the United States from 1979 through 2000. N Engl J Med 2003; 348: 1546–1554.
- Lever A, Mackenzie I. Sepsis: definition, epidemiology, and diagnosis. BMJ 2007; 335:879–883.
- Strassheim D, Park JS, Abraham E. Sepsis: current concepts in intracellular signaling. Int J Biochem Cell Biol 2002; 34:1527–1533.
- Sheikh K. Utility of provider volume as an indicator of medical care quality and for policy decisions. *Am J Med* 2001; 111:712–715.
- Hogan AM, Winter DC. Does practice make perfect? Ann Surg Oncol 2008; 15:1267–1270.
- Luft HS, Bunker JP, Enthoven AC. Should operations be regionalized? The empirical relation between surgical volume and mortality. *N Engl J Med* 1979; 301:1364–1369.
- Begg CB, Cramer LD, Hoskins WJ, Brennan MF. Impact of hospital volume on operative mortality for major cancer surgery. *JAMA* 1998; 280: 1747–1751.
- Dudley RA, Johansen KL, Brand R, Rennie DJ, Milstein A. Selective referral to high-volume hospitals: estimating potentially avoidable deaths. *JAMA* 2000; 283:1159–1166.
- Lin HC, Xirasagar S, Chen CH, Hwang YT. Physician's case volume of intensive care unit pneumonia admissions and in-hospital mortality. *Am J Respir Crit Care Med* 2008; 177:989–994.
- Tu JV, Austin PC, Chan BT. Relationship between annual volume of patients treated by admitting physician and mortality after acute myocardial infarction. *JAMA* 2001; 285:3116–3122.
- Birkmeyer JD, Siewers AE, Finlayson EV, et al. Hospital volume and surgical mortality in the United States. N Engl J Med 2002; 346:1128– 1137.
- Hannan EL, Racz M, Ryan TJ, et al. Coronary angioplasty volume outcome relationships for hospitals and cardiologists. *JAMA* 1997; 277: 892–898.
- Hardin JW, Hilbe JM. Generalized Linear Models and Extensions. 2nd ed. College Station, TX: Stata Press; 2007.
- Elixhauser A, Steiner C, Harris DR, Coffey RM. Comorbidity measures for use with administrative data. *Med Care* 1998; 36:8–27.
- Thombs BD, Singh VA, Halonen J, Diallo A, Milner SM. The effects of preexisting medical comorbidities on mortality and length of hospital stay in acute burn injury: evidence from a national sample of 31,338 adult patients. *Ann Surg* 2007; 245:629–634.
- Lin HC, Lee HC. Caseload volume-outcome relation for pulmonary embolism treatment: association between physician and hospital caseload volume and 30-day mortality. J Thromb Haemost 2008; 6:1707–1712.
- Pan W. Akaike's information criterion in generalized estimating equations. *Biometrics* 2001; 57:120–125.
- Hertzer NR. Outcome assessment in vascular surgery—results mean everything. J Vasc Surg 1995; 21:6–15.
- Gordon TA, Burleyson GP, Tielsch JM, Cameron JL. The effects of regionalization on cost and outcome for one general high-risk surgical procedure. *Ann Surg* 1995; 221:43–49.
- 21. Lavernia CJ, Guzman JF. Relationship of surgical volume to short-term

a28

mortality, morbidity, and hospital charges in arthroplasty. *J Arthroplasty* 1995; 10:133–140.

- 22. Peelen L, de Keizer NF, Peek N, Scheffer GJ, van der Voort PH, de Jonge E. The influence of volume and intensive care unit organization on hospital mortality in patients admitted with severe sepsis: a retrospective multicentre cohort study. *Crit Care* 2007; 11:R40.
- Glance LG, Li Y, Osler TM, Dick A, Mukamel DB. Impact of patient volume on the mortality rate of adult intensive care unit patients. *Crit Care Med* 2006; 34:1925–1934.
- 24. Marshall JC. The staging of sepsis: understanding heterogeneity in treatment efficacy. *Crit Care* 2005; 9:626–628.
- Lien YC, Huang MT, Lin HC. Association between surgeon and hospital volume and in-hospital fatalities after lung cancer resections: the experience of an Asian country. *Ann Thorac Surg* 2007; 83:1837–1843.
- Wen HC, Tang CH, Lin HC, Tsai CS, Chen CS, Li CY. Association between surgeon and hospital volume in coronary artery bypass graft surgery outcomes: a population-based study. *Ann Thorac Surg* 2006; 81: 835–842.

- 27. Hannan EL. The relation between volume and outcome in health care. *N Engl J Med* 1999; 340:1677–1679.
- Sheikh K. Defining and achieving quality of medical care. Am J Med Qual 1998; 13:59–62.
- 29. Bochud PY, Bonten M, Marchetti O, Calandra T. Antimicrobial therapy for patients with severe sepsis and septic shock: an evidence-based review. *Crit Care Med* 2004; 32(suppl):S495–512.
- Vincent JL, Gerlach H. Fluid resuscitation in severe sepsis and septic shock: an evidence-based review. *Crit Care Med* 2004; 32(suppl):S451– 454.
- Dellinger RP, Carlet JM, Masur H, et al. Surviving Sepsis Campaign guidelines for management of severe sepsis and septic shock. *Crit Care Med* 2004; 32:858–873.
- 32. Mitka M. International conference considers health needs of the rural elderly. *JAMA* 2000; 284:423–424.
- Dellinger RP, Levy MM, Carlet JM, et al. Surviving Sepsis Campaign: international guidelines for management of severe sepsis and septic shock—2008. Crit Care Med 2008; 36:296–327.

QUERIES TO THE AUTHOR

1 Au: Your article has been edited for grammar, clarity, consistency, and adherence to journal style. To expedite publication, we no longer ask authors for approval of routine grammatical and style changes. Please read the article to make sure your meaning has been retained; any layout problems (including table and figure placement) will be addressed after we have incorporated corrections. Note that we may be unable to make changes that conflict with journal style, obscure meaning, or create grammatical or other problems. If you are writing corrections by hand, please print clearly, and be aware that corrections written too close to the edges of the paper may not transmit by fax. Finally, please note that a delayed, incomplete, or illegible response may delay publication of your article. Thank you!

2 Au: (A) Journal style does not allow the title to be a complete sentence, so I revised the title accordingly. Please indicate whether this change retains your intended meaning. (B) In the title and throughout, I have changed the phrase "caseload volume" to "caseload" (to clarify that this means "a volume or number of cases" not "a volume of caseloads," ie, because "caseload" is itself a measure of volume). Please check these changes and indicate whether they retain your intended meaning. If you would prefer to use the phrase "case volume" instead, please note that and I will revise the text accordingly.

3 Au: Affiliations have been edited according to journal style, please confirm that they are accurate and complete as shown.

4 Au: With respect to the sentence beginning "A total of. . . ," (A) I added the phrase "their treating physician's" to clarify how patients were sorted. Please indicate whether this addition retains your intended meaning. (B) I revised the sentence to indicate that the measure was caseload during the 3 years represented in the pooled data. I also made this change in the Methods section and in several of the tables. Please indicate whether the change is accurate. If not, please indicate the correct time period for the cases (e.g., cases per month or cases per year).

5 Au: Please indicate whether "were used for analysis" is an accurate interpretation of "were performed for analysis."

6 Au: Please indicate whether "decreased patients' odds of in-hospital mortality" is an accurate interpretation of "decreased patients mortality odds."

7 Au: With respect to the CIs that appear in this paragraph, (A) Originally, these numbers appeared only in the Abstract. I added them to the Discussion section where the percentage reductions were mentioned, but they should appear in Results as well (or perhaps instead). Please indicate where you would like to add them and I will revise the text accordingly. (B) The CIs were originally presented as decimal values. I changed them to percentages so that they matched the presentation of the main datum. Please indicate whether this change is accurate. If these should be presented as ORs (decimal values) with decimal-value CIs, please note that and I will revise the text. (**C**) The CI given for 18% is 73%–92%, which does not include 18%, and there is a similar problem with the CI for 40%. Please indicate what changes should be made here (I will make the same change to the values I added to the Discussion section). (**D**) I also added *P* values for this data. Please indicate whether these additions are accurate.

8 Au: Table 3 and the Results section of the article suggest that the difference in the mortality rate was statistically significant, so I revised the first sentence of the conclusion paragraph to include that information. Please indicate whether the revised sentence retains your intended meaning.

9 Au: I have edited the sentence beginning "Because of the . . ." for clarity. Please indicate whether it retains your intended meaning.

10 Au: I have edited the sentence beginning "Because hospitals generally . . ." for clarity. Please indicate whether it retains your intended meaning.

11 Au: Please clarify the sentence beginning "In a review" Specifically, (A) Which reference provides this review, 8 or 9? Or was the review conducted by the authors of the present study? (B) Should this sentence read "more than 100 published papers <u>on sepsis</u>" or something similar? Please indicate what criteria were used to select the 100 papers reviewed. (C) Please clarify how "intensive care" is meant to be a nonsurgical condition. Should this perhaps be something like "nonsurgical conditions requiring hospitalization, such as myocardial infarction, and receipt of intensive care"?

12 Au: I have added the phrase "to our knowledge" to the lase sentence in this paragraph. Please indicate whether this change is acceptable.

13 Au: Please clarify the meaning of "contracted medical facilities." Does this perhaps mean "medical facilities that have contracted to treat the patients" or something similar?

14 Au: To avoid single-sentence paragraphs, the last sentence of this paragraph has been combined with the material preceding it. Please indicate whether this change is acceptable.

15 Au: Please indicate whether "ICD-9-CM" is spelled out correctly.

16 Au: The *n* values given here for the excluded patients account for 6,941 of the 14,833 subjects who were excluded. Please indicate the reason(s) the other 7,892 subjects were

excluded, and the n value for each reason, and I will add that information to the text.

17 Au: Please indicate whether "physicians identified as treating patients for septicemia" is an accurate interpretation of "identified physicians."

18 Au: Please indicate whether "In-hospital death was treated as a dichotomous variable (yes or no)" is an accurate interpretation of "In-hospital death was dichotomous."

19 Au: The Results section does not seem to report this "critical caseload level" (although it does report a maximum caseload beyond which no further benefit was obtained). Please indicate where this information should appear and I will add it.

20 Au: (A) Table 1 originally included "other neurological disorder" as a row heading. Because the row immediately before it was not a neurological disorder ("coagulopathy"), I changed the row heading to "neurological disorder." I made a similar change to the list of comorbidities in this paragraph. "Neurological disorders" was also missing from the list of comorbidities in table 3, footnote a, so I added it. Please indicate whether these changes retain your intended meaning. (B) More generally, your tables have been edited in accordance with journal style. Please check carefully to ensure that all edits are acceptable and that the integrity of the data has been maintained. Please also confirm, where applicable, that units of measure are correct, that table column heads accurately reflect the information in the columns below, and that all material contained in table footnotes (including definitions of symbols and abbreviations) is correct.

21 Au: Because the original footnote b in table 3 applied to all numbers other than the reference group, I moved this information into the table note. Please indicate whether this change retains your intended meaning.

22 Au: I have edited the sentence beginning "The results of . . ." for clarity. Please indicate whether it retains your intended meaning.

23 Au: I have edited this paragraph for clarity. Please indicate whether it retains your intended meaning.

24 Au: Please clarify the meaning of the phrase "regionalization of care." Does this perhaps mean "provision of severe sepsis treatment in multiple regions" or something similar?

25 Au: I have edited the sentence beginning "These guidelines and . . ." for clarity. Please indicate whether it retains your intended meaning. the sentence beginning "Furthermore, facilitating. . . . " Please indicate whether this addition retains your intended meaning.

27 Au: Please indicate whether "Illegitimate increases in the severity of patient diagnoses" is an accurate interpretation of "Diagnosis upcoding."

28 Au: Please clarify the phrase "patient severity profile." Does this mean that the hospital reimbursement system requires hospitals to treat patients from all levels of severity, or that the system pays a hospital more if it treats more patients who are severely ill? If the latter, please clarify how this practice would discourage hospitals from increasing the severity of diagnoses, as it seems to give them a reason to do just that.

26 Au: I added the a brief definition of "telemedicine" to